



The Department of Homeland Security advises everyone to remember this phrase:

RUN, HIDE, FIGHT

If there is a gun violence situation, these three words will help you determine the best way to protect your own life.

If you are able to safely evacuate the area and escape to safety, do so immediately. **Getting away from the dangerous person with the gun should be your top priority.**

- Prepare ahead of time. Have an escape route in mind.
- If you feel that you can safely evacuate, make the decision for yourself and run to safety, regardless of whether others agree to follow at that moment.
- Leave everything behind. Do not go back for any of your personal items, it isn't worth it.
- Call 911 when you are safe and provide as much information as you can.

If you cannot safely evacuate, quickly find a place to hide.

- If you are in a room, lock the door and block it with anything available that is heavy. Close blinds and turn off the lights.
- Silence your cell phone and remain quiet. You can attempt to communicate with police silently via text messaging.
- Stay in place until law enforcement arrives to let you know it is safe to leave.

As a last resort, and only if your life is in immediate danger, attempt to take action against the shooter and defend yourself.

- Commit to your actions and act aggressively to stop the shooter.
- Attempt to incapacitate the shooter by throwing items, improvising weapons and yelling.

Discussion

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Do you have a habit of being aware of the nearest exit when you are indoors?

Depending on the location, what items could you use to stop or hinder an active shooter?